

Scenic Walks Kit

## BE THE LIGHT

### Featuring:

Planning Tips and Tricks

Invitations for Printing

Walk Suggestions, including directions and maps



# Why do you do it?

Great job on taking the first step in throwing a Be The Light Scenic Walk- you've got the Kit! But why do we believe this is such an important step in sharing the love of Jesus with our friends?

This may seem like a stretch. You might even be thinking, "How is this going to help anyone come to know Jesus? Shouldn't I just go on a mission trip? Jesus said we should "Love our neighbour as ourselves." (Mark 12:37). One way we apply this "Love your neighbour" teaching is by making our neighbour anyone we might meet in our daily lives such as co-workers and friends. What if we took building a friendship with them seriously? What if Jesus was thinking of the people you see every day at work, school or home when he said, "Love your neighbours as yourself?" By using this Kit, we hope that you will begin to build relationships with the people you see everyday. People rarely come to know Jesus in isolation. Most people won't wander into a church just out of curiosity. For most, the only way they will have an encounter with the risen Saviour is by having a conversation with YOU! This little party may be your friend's first glimpse of the Kingdom!

# BE THE LIGHT - SCENIC WALKS KIT



## What do you need to do?

You've already taken the first step in getting this Kit. The next thing you'll want to do is read through the whole guide and then decide who you'll want to invite and what you'll want to include in your walk. Will you host a few friends or have a larger gathering with several families? Will you host a walk in town or choose a destination a little further out? Will there be adults only or will there be families with kids? This guide will walk you through the thinking process and help you plan so you're ready for a great day!

## *Who will you invite?* Will this walk be aimed at

Will this walk be aimed at neighbours or will you focus on work colleagues or friends you know from someplace else? Be specific about who you'll invite. Whoever you plan to invite you'll want to be sure you've had a conversation and introduced yourself before you hand out your invites. Here's some ideas for how to meet your nearby neighbours.

One simple way is to knock on the doors of your neighbours and introduce yourself to them. Introduce yourself by saying, "Hello, I'm and I live just down the street from here. I'm going around introducing myself to my neighbours and I realised that even though we've lived here for years/months we've never met." You can let them know that you're planning a Scenic Walk Outing in the coming weeks.

You can adjust this to fit any setting, for example, I realised I've been going to this gym for 3 months and I see you all the time but I've never said hello. OR I realised our kids have been going to the same school this whole year and we've never met. You get the idea.

After meeting them, be sure to write their names down somewhere along with any info. that would help you pray for them and remember who they are.





# Two Weeks Before Your Scenic Walk Outing

## TO DO:

You can use this checklist to plan your event.

□ Pray! Before you plan or promote your dinner spend time in prayer for your friends. Ask God to help you love them and that they will be open to attending the walk.

□ Choose a date and time. Be sure to specify an end time for the sake of clarity.

□ Choose a location. Consider whether you will choose a walk in town or choose a destination further out. If there will be kids joining, you'll want to take into account their ages when planning the length of your walk.

□ Plan any food options. Is there a pub or tea house nearby to your walk where you will want to stop for refreshment? If the weather is nice, would you want to plan a picnic lunch? Is the walk long enough that your guests should bring snacks to enjoy along the way?

□ Fill in the blanks on the invite included in the Kit or make your own. Be sure to include all the info. for your party. Ask each guest to RSVP to you via email or phone call so you can plan for food.

# One Week Before Your Scenic Walk Outing

□ Personally invite your friends. If you're inviting someone you don't know very well you can say something like, "Hey, I'm \_\_\_\_\_\_. We met a few weeks ago. I was thinking it would be great to get to know you better. Here's an invitation for a scenic walk outing. I'd love for you to join us!" Be sure to make it explicit whether or not your walk will be kid friendly." (Adjust words as needed.)

□ You could invite one or two people from your church to join you so you feel more comfortable and to help with keeping conversation lively and fun. Keep in mind the number of guests you'll have. You don't want to overwhelm your friends with lots of church people. Keep it at less than 50% attending from your church so your friends don't feel it's a "set-up."

□ Be sure to have a back-up plan in place in case of bad weather!

 $\Box$  Be sure you know the route well. If needed, bring along a map or GPS.

□ Pray again! After planning the outing, lay it at God's feet and surrender the outcome to Him.



# Hosting Your Scenic Walks Outing

## TO DO:

The day of your outing has arrived! People have RSVP'd and you are ready. Here are some tips for hosting your walk:

□ Keep your mobile phone on in case people get delayed or can't find the meeting location.

□ After the everyone has arrived, be sure to welcome the group. You might say something like, "Hello everyone! Welcome! It's great to have you all here for our walk. I know that some of us know one another and others don't so please don't be shy about chatting with one another as we walk."

□ You might decide to give an idea of what to expect from the walk: where are you going, how long is it, where you will stop for a break and/or refreshment either during the walk or at the end.

□ Enjoy the time with your guests, making time to chat to several people throughout the walk. Take the opportunity to really get to know a couple people. As they leave, thank each person for coming and let them know you look forward to getting to know them more in the future.

# Some Do's and Don'ts

Don't intentionally make the walk "Christian" - Don't feel pressure to pray during the outing or make it have any significant spiritual emphasis. As much as we want your relationships to turn into spiritual relationships, we don't want your friends to be quickly turned off before you have earned the right to share Christ. We believe the wisest action at the start of any relationship with a non-believer is to demonstrate hospitality, curiosity and genuine care before we share our spiritual beliefs.

#### Do remember names -

Remembering names in our culture is a powerful act of care. Your new friends will be impressed if you can remember their names. We encourage you to write their names down with some characteristics based on how you know them and look at it before they come to the walk.

Do include your guests in planning - Feel free to ask your guests to bring something that is needed. Your guests want to participate. The more you can include your guests, the healthier the relationship will become. Don't stress out about meeting "strangers" – It's normal to feel nervous about meeting new people. We have found it best to ask God for a spirit of curiosity when meeting new friends. Try to view them as people to get to know and learn about rather than people to spiritually engage with.

Do be yourself – God made you valuable, unique and special and He has placed you in each person's path for a reason. The more genuine you can be, the more Jesus will be seen in you. We believe that a genuine person, with a genuine faith will be a contagious Christian.

You're Invited

Join us for a Scenic Walk Outing Hosted By:

Date:

Time:

Location:

We look forward to seeing you there!

RSVP to:

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Idea

## Great Haywood Walk Distance: ~5-6 miles Time: 2hr Diff: Medium

Starting Point: Coppice Hill Car Park Parking: Car parking, visitor centre Amenities: Stop for refreshment along the route in Great Haywood

A circular walk departing from Coppice Hill Car Park, Brocton, exploring the route taken by J.R.R. Tolkien from Brocton Camp down to the delightful village of Great Haywood. This walk passes through Brocton Coppice and into the Sherbrook Valley, following the Staffordshire Way, past The Punch Bowl and across the Shugborough Estate, entering Great Haywood, as Tolkien did, across Essex Bridge. The route can then be traced back to Coppice Hill with a short diversion up the Sherbrooke.

#### Directions:

• From Coppice Hill Car Park walk NE to the edge of Brocton Coppice, turn left then soon after right and walk gently down hill through the ancient woodland until you emerge in the Sherbrook Valley  Follow the footpath around Harts Hill to The Punch Bowl Car Park on the A513. Cross the A513, taking great care on this busy stretch of road, and after walking through the Satnall Hills Car Park follow the path through woodland parallel to the road for about a mile. You will eventually emerge on a quiet road, passing White Barn Farm before re-joining the Staffs Way

 Follow the Staffordshire Way down across the Shugborough Estate enjoying views as you walk. Look out for a great pine tree near the farm, could this be Tolkien's Great Pine of Tavrobel?

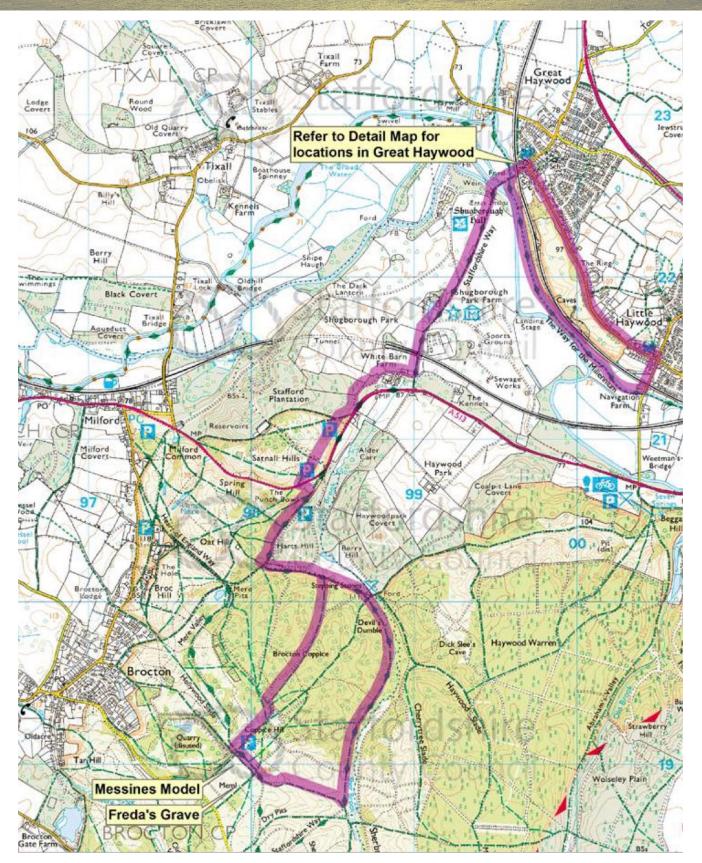
 Continue along the Staffordshire Way, passing Shugborough Hall itself, Tolkien's House of a Hundred Chimneys, arriving at Essex Bridge (The Grey Bridge of Tavrobel) at the confluence of the Sow and Trent Rivers. Enjoy a look around Great Haywood if you like.

 Upon completing a look at Great Haywood retrace your steps across Essex Bridge and follow the Staffordshire Way back to the Sherbrooke

• Continue along the Sherbrooke Valley, passing the stepping stones and enjoying the scenery and babbling brook

• Eventually turn right, walking uphill until you join the route of the Tackeroo which you can follow





Valk Ideas

### Shugborough - Through the Estate Distance: 4.75 miles Time: 2hr Diff: Medium

Starting Point: Seven Springs Car park Parking: Ample parking at start point Amenities: Lockhouse Restaurant

Nice walk to Staffordshire's greatest country house.

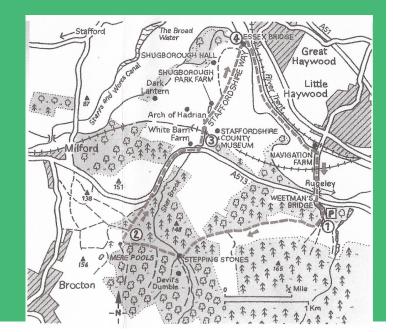
Directions:

• Take R-H path at end of Seven Springs car park and continue R at fork shortly after. Follow wide gravel track, ignoring all paths to L or R, and continue as far as Stepping Stones. Ford stream here and head R as far as major Tjunction.

 Head R here, following Staffordshire Way footpath sign. Continue along wide gravel track, again ignoring less obvious paths to L or R, as far as A513. Cross road carefully and follow R for 400yds (366m) before turning L again and following Staffordshire Way footpath signs.

Follow metalled road past Staffordshire County Museum and Shugborough Park Farm. Shortly after Park Farm, continue along Staffordshire
Way, ignoring more direct path L to house itself.
Follow bridleway all way to Essex Bridge. If you do want closer look at facade, head L instead and follow path round past front of house; it's signed private drive but this is meant more for cars, and it is open to public when grounds are open. If you continue all way round you'll eventually rejoin main route just before Essex Bridge. From close range it's also interesting to note that the columns aren't made of stone at all, but wood that has been clad with slate and painted to look like stone, a solution that would have been considerably cheaper.

• By way of short diversion, just 350yds (320m) to north of Essex Bridge, heading L along tow path, is junction of Trent and Mersey and Staffordshire and Worcestershire canals. Tollkeepers' cottage has disappeared, but toll-house with arched windows and kiosk still remain on south side of latter. Go across bridge and head R along canal (cross Essex Bridge and canal to reach Lockhouse Restaurant on L). Follow tow path for 1 mile (1.6km) and, at Navigation Fram, head R on metalled road. Carry on over Weetman's Bridge, cross A513 carefully, and continue up short drive back to car park.



Valk Ideas

### Cannock Chase - Memorials to the Brave Distance: 4 miles Time: 1hr 30min Diff: Medium

Starting Point: Car park across from Glacial Boulder

Parking: Ample parking at start point

A heathland walk around wartime cemeteries. Directions:

• From Glacial Boulder, walk away from road along narrow dirt trail for about 40 paces and then turn R along wide gravel track. When you get to fork, go R, following Heart of England Way footpath sign.

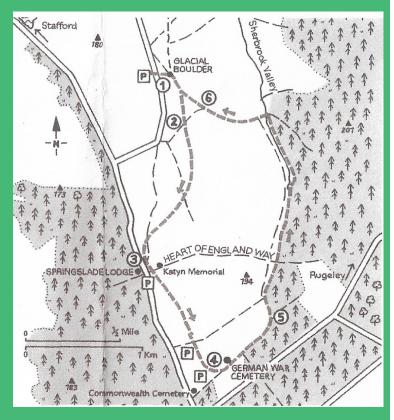
• At next major fork, continue in same direction (ignoring footpath off to R). At next path crossroads, again carry straight on as path curves gradually around to R. Continue along this track across 2 more path crossroads until your path curves round to L alongside road. At point where another wide track comes in from L, go straight on rather than taking shortcut down to road.

• After crossing narrow surfaced road opposite Springslade Lodge, continue up dirt track and across path crossroads. After about 500yds (457m) you come to a T-junction in path that requires dog-leg R then L to keep going in same direction through car park. Continue in this direction to 2nd car park and, as track curves around to L, another metalled road.

• Turn L past German War Cemetery until road becomes wide gravel track. Continue along this track, down into woods, and when you get to fork go L down hill, ignoring path heading uphill to R.

 Continue along bottom of valley for 1 mile (1.6km), staying to R of stream, until you get to obvious ford. Cross stream using stepping stones. At junction on other side head away from stream following track L around bottom of hill ahead, rather than R, straight over top of it. Follow this track as it curves round to R, all way to top of hill.

• Continue across plateau until path starts to descend other side, at which point you rejoin path, heading R, back towards start and car park.



Idea

#### Lichfield - Soaring Heaven on Earth Distance: 2.5 miles Time: 1hr Diff: Easy

Starting Point: Tourist Info Centre Parking: Ample paid parking at town centre Amenities: The Cathedral Coffee Shop is ideal stop for tea or a meal

A town walk and a magnificent cathedral. Directions:

• From the tourist information centre head right along Bore Street and then left along Conduit Street, leading to Market Square. Pass Market Square on your left and carry straight along Dam Street, past a series of tea shops and cafés, until you get to Pool Walk. Go left here, keeping the pool on your right-hand side, until you get to Beacon Street.

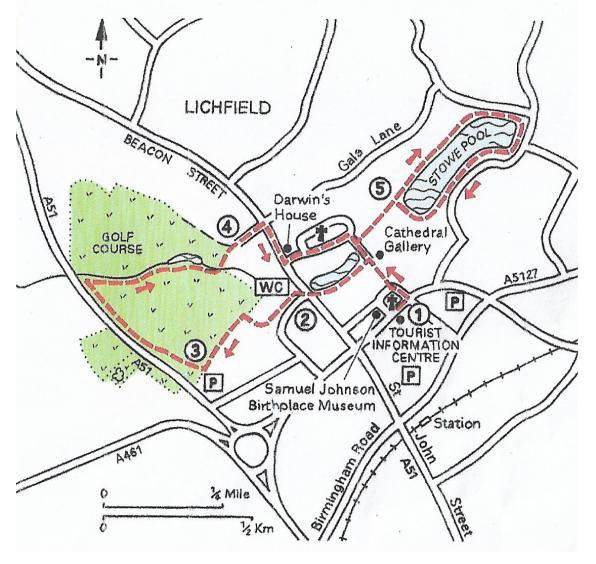
• Go diagonally right over Beacon Street to the public toilets and the entrance to the park. Skirt around the left-hand edge of the park, keeping first the bowling lawn and then the tennis courts to your right. After the tennis courts follow a path round to the right and, at the next path junction, walk left, continuing around the edge of the park.

• When you get to the car park bear slightly right, following the path to the far end of the playing fields. After the path has entered the narrow band of trees, and just before the A51, turn right along a narrow dirt trail and carry on to the golf course at the far end. Just before the golf course, turn right and follow the small brook back along the edge of the playing fields

until you reach a little duck pond. In the summer it's possible to hire canoes here, for a quick half-hour potter on the water. Continue on past the pond before crossing over a footbridge to the left to reach Shaw Lane. · Follow Shaw Lane until you get to Beacon Street, then go right for 150yds (137m) and then left along The Close to reach the cathedral. If you're not in any rush, it's worth doing a quick circuit of the cathedral inside and out, before continuing. There's an excellent shop with leaflets and guides and a free leaflet is also available, which describes the cathedral's highlights. Bear to the right of the cathedral and, at the end of The Close, just after the Cathedral Coffee Shop, go right down Dam Street and then immediately left along a footpath to Stowe Pool. From the far end of Stowe Pool you can look back at the cathedral's towers aWhen the path divides into two parallel tracks, follow the cycle path sign. Continue around the pool and back to Dam Street, before retracing your steps to the tourist information centre at the start.

• Continue across plateau until path starts to descend other side, at which point you rejoin path, heading R, back towards start and car park.





)alk Idea

## Sandon-Milwich Distance: 4 miles Time: 1hr 30min Diff: Easy

Starting Point: The Dog and Doublet Parking: Ample parking at Sandon Church or The Dog and Doublet Amenities: The Dog and Doublet would be a great place to end for a bite to eat

#### Directions:

• From Sandon Church we descend to the black and white house. We cross the cattle grid to follow a stony track which climbs gently. Near the top, shortly before the stone house on the left, we turn right over a stile.

• We head for the gap between the trees facing us on the high ground, passing through it until a folly tower comes into sight.

Reaching the brow of the hill, keeping the folly on our left and the wood about 100yds to our right, we continue straight ahead towards the left of a small group of conifers on the horizon. From this fenced group of conifers, Rugeley Power Station should be visible on the horizon, and half right the crown of the Pitt Monument can just be seen above the trees. We bear slightly left down towards a track and a fivebarred gate with a stile to its left.

• Crossing the stile, we continue straight on over the next stile. After a few yards, we cross a small brick/stone bridge over a stream and turn right, following the track down the middle of the field for about 200yds and looking out for the stiles/footbridge in the line of trees to our left. Crossing the second, more obvious, of these stiles. We can see an intermittent hedge facing us and pass through the largest gap in it to turn half right. Keeping the tree enclosed pond on our left, we pass through a gate.
Continuing ahead with the hedge on our left as far as the next stile in the left-hand corner of

the filed. We cross the stile and the footbridge now visible slightly to our right. From the footbridge we keep the stream on our left, following it upstream for several minutes.

Dayton village and church are to our right. The way ahead narrows between the stream (on our left) and a hedge/fence (on our right). Continue through the metal gate/stile and cross the footbridge over the stream to a track and the next stile, across this track. After this, another stile can be seen if we look diagonally right across the field. This leads to a surfaced road where we turn left up the quiet lane past a large house on our left just before a fork in the road. We now take the left fork.

Brook Farm is on our right and we climb gently. Where the lane bends sharply right (Hartley Green Farm), a finger post directs us through the gate on our left. With the hedge on our left, we take the broad track ahead to a stile. Crossing it, with the pond on our right, we continue to another stile, tucked away in the right hand corner of the next field. Crossing this, the next stile is only a few yards to our left.

Dalk Ideas

### Sandon-Milwich Continued Distance: 4 miles Time: 1hr 30min Diff: Easy

#### Directions Continued:

• Keeping the fence and line of trees on our left, we descend to a stile, then cross a footbridge over a stream. Ignoring the stile ahead, and turn half-right we aim for the five-barred gate, entering the wood at this point. We continue on the track straight ahead into the heart of the wood. Where it forks,we go left, and at the next way-marked post turn right. The track climbs gently to a Y junction where we fork left, continuing to climb to a five-barred gate/stile leading out of the wood.  Keeping the fence on our left, continue climbing to the crest of the hill, going through the metal farm gate ahead. We then descend through the next field to a stile/five-barred gate. We pass Stone House Farm on our right and at this point rejoin the track leading to the start of our walk.

