## Hello — If you need support, I can help

**My name is**
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**I live locally at**
.............................................................

**My phone number is**
.............................................................

**If you need support due to Coronavirus I can help with:**

☐ Picking up shopping    ☐ Posting mail
☐ A friendly phone call    ☐ Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

To ensure we maintain social distancing restrictions I will be avoiding physical contact (2m), not entering your home, washing my hands and leaving any items on your doorstep.

beacon

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