



ABEL &



ENOCH



FAITHFUL HEROES

PARENTS GUIDE

Hello!

This pack is meant to be used alongside the Kids Connection video on April 19th 2020. If you've not watched the video yet they can be found at thebeaconchurch.com/kidsconnection. Watch the video, then take a look through this pack.

Abel and Enoch are less well known Bible characters so crafts were harder to find this week! However, I hope you still have great fun and get to have faith conversations with your kids!

If you do any of the activities don't forget to share pictures of them to in the [Beacon Kids Facebook Group](#) (to join if you haven't already) ready for the at live chat at 2pm on Sunday 19th April.

If the discussions on faith lead your child to ask difficult questions and you'd like help answering them do email me at hannah@thebeaconchurch.com. I don't have all the answers, but I currently live with two Pastors who live tricky questions!! Equally, if this session has encouraged your child to ask more about faith I'd be delighted to chat with you and them over Zoom if you'd find that helpful.

This week look out for Professor Beacon experiments (Fri's 10am) and the Kids Quiz (Weds 3pm).

Take Care

Hannah

Beacon Children's Church Team

TELL THE STORY

Choose these activities to help you reinforce the story we have just learnt about.



Share Your Faith Story

Why not tell your children how you decided to have Faith in Jesus. I promise this is a story they will be hugely interested, be brave and let them ask questions!



Things We Have Faith In

Discuss things that we have faith in even though we don't always know or see how they work - like a car, plane or phone. Then chat about how faith can mean trusting even when we don't fully understand.



What Is Faith? Video

Check out this [video](#) by the 'What's in the Bible?' team which explains more about what faith in Jesus looks like and means with a great gospel explanation.



How Much Faith? Video

This [video](#) from Pursuing God is narrated entirely by children and talks about having faith as small as a mustard seed.

GET ACTIVE

Choose these activities if your child learns best through physical activities and games.



Trust Fall Games

Play some trust fall games. Either have a child fall back into your arms or fall right back into a mattress, airbed or cushions. Show the kids you trust them by having a go yourself (if safe!).



Feather Blowing Game

See who can keep a feather (or tissue paper, pom pom or malteser) in the air the longest.

Chat about how even though we can't see our breath we can see it at work, just like God.



Blindfolded Obstacle Course

Create an indoor or outdoor obstacle course then blindfold someone who has you to have faith in you as you give them directions through the course. Have a go yourself with your children giving directions!



Pom Pom & Straw Race

As in the video use a straw to blow a pom pom (cotton ball, tissue) along. Create a race track and challenge your children to a race. As with the feather game chat about how we can't see our breath, but we can have faith in it's affect.

HANDS ON

Choose these activities if your child enjoys getting creative and constructing things.



Hope Play Dough Mat

Get the Play Dough (plasticine or salt dough) out and use this mat. Discuss with the kids examples of how we can see God at work and how we can have faith and hope in him.



Invisible Messages!

Enoch is said to have disappeared to be with God. Create these disappearing invisible messages using either white crayons, glowing laundry detergent or lemon juice.



Plant Seeds

Faith is described in the Bible (Matthew 17) as only needing to be as big as a mustard seed (which is tiny!). Plant some seeds and chat about how small they are, but how they can grow huge, just like our faith.



Stretching Our Faith

Give your child one piece of A4 paper and a pair of scissors then challenge them to be able to step through a piece of paper. Then you do it (instructions here). Talk about how God can help us do seemingly impossible things and stretch our faith.

GET CRAFTY

Choose these activities if your child loves to cut, stick, sprinkle glitter and create!



Paper Plate Sheep

Abel was a shepherd and brought his best sheep as a gift to God. Think about how Abel was faithful as you make your sheep using the pattern from [Crafting the word of God](#).



Sheep Finger Puppet

Another sheep craft to help us think about Abel's faithfulness again with instructions from [Crafting the word of God](#)



Handprint Tree

Thinking again how a tiny seed of faith can grow into something huge (Matthew 17) why not make this handprint tree. Instructions from [Christian Crafts & Games](#).



'Grow' A Tree

Again thinking about how our faith grows why not decorate your own tree using a small branch decorating it with whatever you have. See the instructions at [Christian Crafts & Games](#).

GO DEEPER

Choose these activities to help your child dig deeper into the Bible and take time to pray.



Learn The Memory Verse

This week's memory verse Hebrews 11:1 (NCV version). Why not learn it this week, try creating actions to help you remember it or write it out and stick it on the fridge?



Study The Bible Together

Read together Hebrews 11:1-3. Try and put verse 1 into your own words. Discuss what things we believe because we have faith in God? Chat about why it is important to have faith as a Christian and why doubting is okay and part of our faith journey.



Prayer Activity

Here is a great interactive prayer activity from Wright Ideas. As a parent watch the [video here](#), then lead your child in prayer using the [printable here](#).

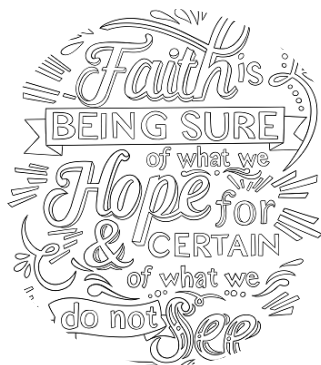


Superbook App

The Superbook is brimming full of games and activities and includes a child friendly full Bible. Check out today's verse Hebrews 11:1, the story of Abel (Genesis 4), Enoch (Genesis 5) or the story of the mustard seed (Matthew 17).

PRINTABLES

Choose these activities if your child loves to sit, colour and do printable activities.



Colouring Page

Check out this colouring page of today's memory verse from Color It.



Spot The Difference

Try the Cain and Abel spot the difference from Sunday School Zone.



Wordsearch

Try the Cain and Abel wordsearch from Sunday School Zone.



Cain & Abel Jigsaw Puzzle

Try the Cain and Abel printable jigsaw puzzle from Sunday School Zone.