FRUITS OF THE SPIRIT



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Choose these activities to help you reinforce the story we have just lea

Choose these activities to help you reinforce the story we have just learnt about.



Bible App For Kids

The story of Paul and Felix isn't in most Children's Bible, but you can read more about Paul in the <u>Bible App For Kids</u> in the story Paul's Journey and Trials.

Game Of Patience

Have you ever played the card game patience? You can learn how to with instructions from <u>The</u> <u>Guardian</u>. As you play retell the story and chat about how Paul must have felt waiting two years in prison, and how God had a greater plan!

Choose these activities if your child enjoys physical activities & games.



Egg & Spoon Race

To do well in this game it can't be rushed or the egg will fall off, so some patience is required! Make it more fun and use raw eggs outside!



Hide and Seek

Play a classic game of hide and seek, but make the hiders wait a little bit longer than normal before you start to seek them out.

HANDS ON

Choose these activities if your child enjoys getting creative and constructing things.



Rope Cutting Trick

Learning the trick I did in this week's video takes a bit a of time to learn and some patience. Find out how to do it from <u>Learn How To Do Magic</u>



Can Crusher

Try out the can crushing experiment I did in this week's video, it takes a little patience to wait for the can to heat up, but <u>The Sci Guys</u> explain how to do it and the science behind it too.

CRAFTY

Choose these activities if your child loves to cut, stick, sprinkle glitter and create!



Make Rock Candy

A great craft for teaching patience as it takes several days for the rock candy to be made. Check out the full instructions from <u>The Spruce</u> <u>Eats</u>.



Cup Weaving

Another great craft that takes a little patience is this cup weaving from <u>The Gift Of Curiosity</u>, check out their instructions.

GODEEPER

Choose these activities to help your child dig deeper into the Bible & pray.



Bible Study

Read Acts 24:24-27. What did Paul tell Felix What did Felix want from Paul? How long did Paul stay in prison? This must have been a hard time for Paul, but it's the time when he wrote lots of the Bible! So, even though Paul needed lots of patience, God had a plan.

Patience Prayer

Use this idea from <u>Flame Creative Ministries</u>. Print out the Fruits of the Spirit (like this colouring page from <u>Flanders Family</u>), then cut it up. Encourage children to piece together the puzzle then prayer about the Fruits of the Spirit as the words are revealed.

PRINTABLES

Choose these activities if your child loves to sit, colour and do printable activities.



Colouring Page

Enjoy this colouring page of Paul writing letters in prison from <u>Sermons 4 Kids</u>



Extra Play Ideas

Not printables, but other play ideas that help teach patience include jigsaw puzzles, any craft where you make something and it has to dry before you can paint it for example modelling with clay or baking a cake!

