

# FRUITS OF THE SPIRIT

GOODNESS



### LL THE STOR

Choose these activities to help you reinforce the story we have just learnt about.



#### Micah's Vlog

Check out the latest Micah Vlog on Fruits of the Spirit this time looking at goodness. Why not chat through the questions at the end as a family?



#### ShareFaith Story Of Lydia

Enjoy the story of Lydia again in this video from Share Faith Kids (there is a quick advert in the middle).



## **GET ACTIVE**

Choose these activities if your child enjoys physical activities & games.



#### Simon Says

This week we look at how goodness is doing things God's way not our way. Play a game of Simon Says to see how good you are at following instructions, just like we follow God's way and instructions in the Bible



Taste Good Relay
Bake or buy some cookies or biscuits. In the Bible God is the ultimate example of goodness and knowing God well is how we can know what goodness looks like. In the Bible it says 'taste and see that the Lord is good' (psalm 34:8). Have a relay race where a biscuit or cookie is on the other side of the room and you can only take a bite at a time before running back to the other side of the room. Time how long it takes to eat the whole biscuit! Think how good the biscuit tastes and what ways we can 'taste' God's goodness.



### HANDS ON

Choose these activities if your child enjoys getting creative and constructing things.



#### **Disappearing Match Trick**

Try the magic trick from today's video, using the instructions from <u>Boomerang Africa</u>. You can also use a cocktail stick, but if you use matches only make sure you have a grown ups permission.



#### **Obedient Ketchup Packet**

Just like we want to be obedient to God and do things his way find out how to make a ketchup packet obey you! Follow the instructions from Sick Science.



Choose these activities if your child loves to cut, stick, sprinkle glitter and create!



#### Spoon Lydia Doll

Follow the instructions from <u>KGM Crafts</u> to make this Lydia spoon doll. There's also a couple of other craft ideas on this website. Why not reenact the story with your doll?



#### Goodness Collage

Take a paper plate or a piece of paper and make a collage about God's goodness, check out Flame Creative Kids for ideas. Perhaps you could include ways God has been good to you? Remember we want to do things God's way because of his great love for us!

### GO DEEPER

Choose these activities to help your child dig deeper into the Bible & pray.



Bible Study

Read Acts 16:11-15. What did God do to Lydia's heart (v14) Then what did she do with her home? (v15). Do you think the two are related? When we know Jesus as King in our hearts he gives us his Holy Spirit to help us follow his ways. Can you think of one thing this week where you need to follow God's way and not your way? Ask God to help you this week.



#### **Goodness Prayer Station**

Follow the instructions from Flame Creative Kids and draw an outline of a person on a piece of paper. Then pray asking for God's help with goodness and following him. For each pray add a gold sticker inside the body.

### **PRINTABLES**

Choose these activities if your child loves to sit, colour and do printable activities.



### **Colouring Page**

Have fun colouring this Goodness Colouring page from <u>Sunday School Zone</u>.



#### **Word Search**

Enjoy this Fruits of the Spirit word search from Sermons 4 Kids.

