

The background of the entire page is a dense, close-up photograph of many bright green apples. The apples are piled together, filling the frame. A semi-transparent white horizontal band runs across the middle of the image, serving as a background for the text.

FRUITS OF THE SPIRIT

KINDNESS



beacon

kids

thebeaconchurch.com/kidsconnection

TELL THE STORY

Choose these activities to help you reinforce the story we have just learnt about.



The Story Of Tabitha

Not only was Tabitha super kind, but there's actually a lot more to her story..... in involves life, death and people following Jesus! Intrigued find out more from [Life Kids](#).



Fruit Of The Spirit Video

This is a great cartoon video explaining the fruits of the spirit and why they're important, it also talks about how to grow the fruits of the spirit. Check it out from [Life Kids](#).



GET ACTIVE

Choose these activities if your child enjoys physical activities & games.




Play Tag

In today's lesson we talked about passing on our kindness to others and how it can have a chain reaction. Play tag for fun, but each time someone is tagged think about how when we are kind, it's like playing tag just like being 'it' is passed on... so is kindness!



Ants On A Log

Make a line on the floor perhaps with masking tape or cushions. Then get all players to stand on the line. The aim of the game is to completely swap the order of everyone on the line(so the first person becomes last, the last first etc) without falling off the 'log'. This is just for fun, but this game requires helping others, working together and of course being kind!





HANDS ON

Choose these activities if your child enjoys getting creative and constructing things.



Line Up Dominoes

See how many dominoes (or wooden jenga blocks) you can get lined up as we think about the chain reaction affect that kindness can have. Want some inspiration? Check out this [world record](#) or these [human dominoes](#) both from Guinness World Records.



Milk, Food Colouring & Soap

You can do today's demonstration from the video yourself by checking out the instructions from [Cool Science Experiments](#). Remember that the soap is like kindness and has a huge impact!



CRAFTY

Choose these activities if your child loves to cut, stick, sprinkle glitter and create!



Kindness Rocks

Take a rock and paint it and then pass it on to a friend to encourage them. Use these ones at [Consumer Crafts](#) for inspiration.



Chalk Messages

Take to the pavement and why not chalk kind messages on your street to encourage passersby! Check out these ideas from [Coffee Cups & Crayons](#).



GO DEEPER

Choose these activities to help your child dig deeper into the Bible & pray.



Bible Study

Read Acts 9:36-42. How do we know Tabitha was kind? (check v36 & v39). What impact had this had on the people around her? (v39, what do you think they're crying and concern shows) Because Tabitha had shown kindness others cared when she died and begged Peter to come to her, as a result she was healed and many believed. Do you think this story shows the chain reaction kindness can create?



Kindness Prayers & Actions!

Write out some kind things you can do or say on pieces of paper and pop them in a jar. Pick out three prayer about them and commit to doing or saying what it says. For more ideas see what they did at [Flame Creative Ministry](#).



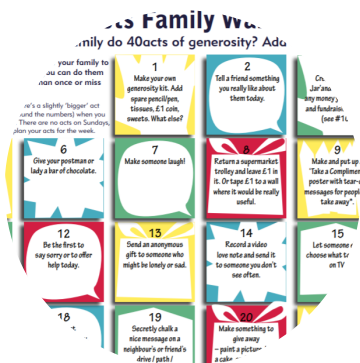
PRINTABLES

Choose these activities if your child loves to sit, colour and do printable activities.



Kindness Colouring Pages

Why not try on of these colouring page from [Best Colouring Pages For Kids](#) there's lots here from easy to more challenging.



Acts of Kindness

Commit to doing an act of kindness this week, or as a family you could try the [40 acts wall chart](#) which lists lots of different ideas to try.

