

# KIDS CLUB BY POST

Weekly Pack 25  
14/09/20

## The 10 commandments

Story and activities to do at home  
while we are unable to meet.

Dont worry if you don't do everything in here.  
Just do what you fancy and have fun!



**This pack has been prepared by:**

Andy Hughes - Urban Saints Wales, Susan Williams - Cynllun EFE and Capel Caersalem, Caernarfon,  
Nia Williams - Capel y Drindod Pwllheli, Jennifer Roberts - Eglwys Unedig Jerwsalem Bethesda  
with help, ideas and resources from Mair Roberts, Kathryn Williams, Jo Palmer, Gwyn Rhydderch,  
Rachel Hughes & Greg Leavers

Mae yna  
fersiwn  
Cymraeg  
ar gael  
hefyd

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Contact [AHughes@saintygymuned.org](mailto:AHughes@saintygymuned.org)



# Story

While they were in the desert, God gave commandments on stone tablets to Moses to help the Israelites live the best way possible.

## New Living Translation

God gave the people all these instructions:

"I am the Lord your God, who rescued you from the land of Egypt, the place of your slavery. You must not have any other god but me.

You must not make for yourself an idol of any kind or an image of anything in the heavens or on the earth or in the sea. You must not bow down to them or worship them, for I, the Lord your God, am a jealous God who will not tolerate your affection for any other gods. I lay the sins of the parents upon their children; the entire family is affected—even children in the third and fourth generations of those who reject me. But I lavish unfailing love for a thousand generations on those who love me and obey my commands.

You must not misuse the name of the Lord your God. The Lord will not let you go unpunished if you misuse his name.

Remember to observe the Sabbath day by keeping it holy. You have six days each week for your ordinary work, but the seventh day is a Sabbath day of rest dedicated to the Lord your God. On that day no one in your household may do any work. This includes you, your sons and daughters, your male and female servants, your livestock, and any foreigners living among you. For in six days the Lord made the heavens, the earth, the sea, and everything in them; but on the seventh day he rested. That is why the Lord blessed the Sabbath day and set it apart as holy.

Honour your father and mother. Then you will live a long, full life in the land the Lord your God is giving you.

You must not murder.

You must not commit adultery.

You must not steal.

You must not testify falsely against your neighbour.

You must not covet your neighbour's house. You must not covet your neighbour's wife, male or female servant, ox or donkey, or anything else that belongs to your neighbour."



*Exodus 20:1-17*

Taken from the Holy Bible, New Living Translation © 1996,2004. All rights reserved. Used by permission of Tynedale House Publishers Inc., Carol Stream, Illinois 60166.

## Simple version

God gave Moses ten commandments for the people to follow.

The first four were to show the people the correct way to behave towards God:

- Worship only God, there is only one God.
- Do not worship other things
- Do not use God's name incorrectly
- Keep the sabbath for God

The last six commandments were to show how to love others:

- Respect your father and mother
- Do not kill
- Be faithful to you husband or wife
- Do not steal
- Do not lie
- Do not be jealous of what other people have.

These ten commandments would help God's people live a happy and good life.



# Questions to discuss

After reading the story together, you could discuss these questions as a family:

1. Why do you think rules are needed?
2. What are your house rules at home?
3. Why do you think God gave his people the ten commands?
4. Which of God's rules is important to you?



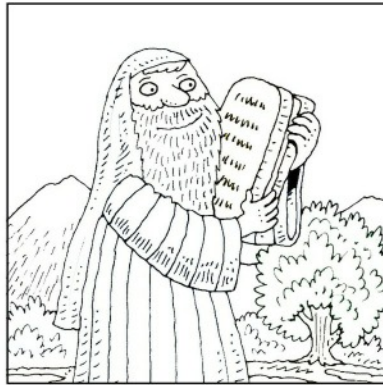


# Story to colour

## 10 commandments

### Exodus 20

Pictures by Richard Gunther  
(Used with permission)



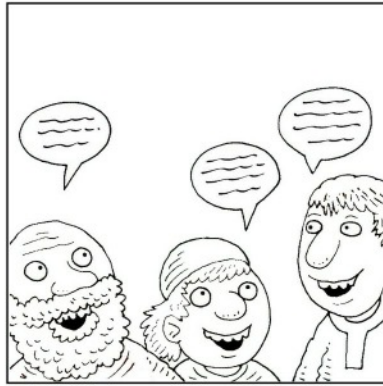
Moses met with God on Mount Sinai and God gave the Israelites ten commandments to help them live well.



1. I am your God - make me number ONE!



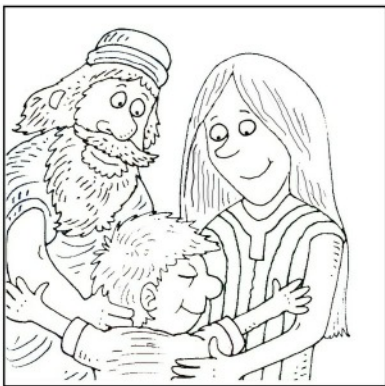
2. Don't worship anything except me.



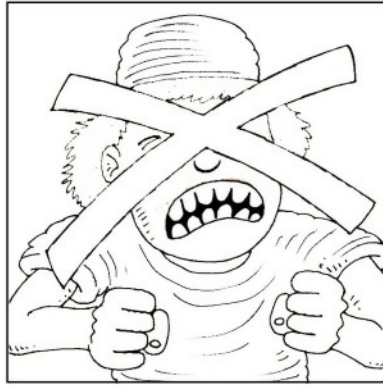
3. Be careful how you use my name.



4. Keep one day special each week to rest and worship God.



5. Love and respect your parents.



6. Don't ever hurt anyone.



7. Be loyal to the person you marry.



8. Don't take anything that isn't yours.



9. Don't tell lies about other people.



10. Don't be jealous of what other people have.

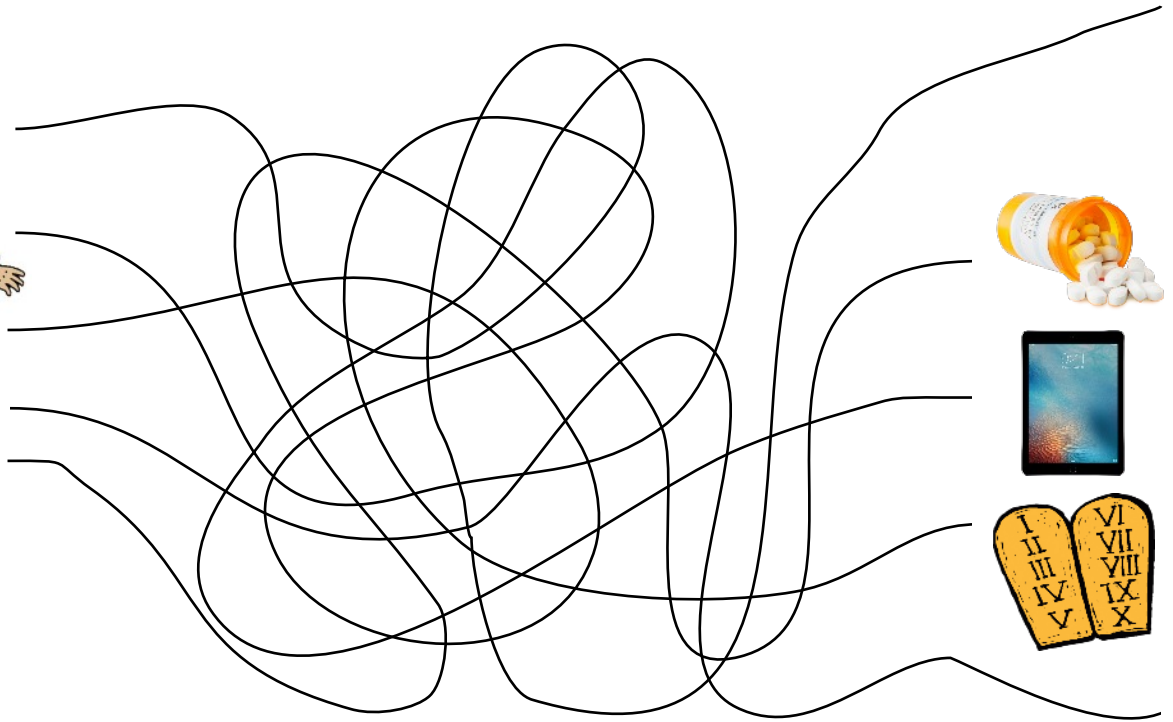


# Short Prayer

Dear God,  
 You are so special. Thank You for giving us rules to help us live happily together. Please forgive us when we break Your rules and do harm to others. Please help us to respect You and respect each other.  
 Amen

## Puzzles

Help Moses to reach the correct tablets with God's commandments on them.



Use the code to find the memory verse.

**Code:**

- α = a
- ↩ = b
- ⇒ = c
- Ω = d
- ℳ = e
- ← = f
- ≡ = h
- ⋈ = i
- = l
- ↘ = m
- = n
- = o
- ▽ = s
- ◀ = t
- ◆ = u

“Y□◆ ↘◆▽◀ ↩ℳ ⇒αrℳ←◆● ◀□  
 □↩ℳ,y α●● ◀≡ℳ ⇒□↘↘α■Ω▽ □←  
 ◀≡ℳ ●□rΩ y□◆r G□Ω, ←□●●□w⋈■g  
 ≡⋈▽ ⋈■▽◀r◆⇒◀⋈□■▽ ⋈■ ℳvℳry  
 dℳ◀α⋈●. Ωℳ◆◀ℳr□■□↘y 5 vℳr▽ℳ 32



# Wordsearch

M N D O I J R D U A R B X I D O L S  
 O R P P B D N F X G N O J X X C V N  
 T W Y B A S U I U L F A I T H F U L  
 H O J F I N E U V G H S M D R H J M  
 E R I L U I K R M B P G L E Z L B M  
 R S H N P U R H V K I E I P R F E I  
 P H F T S E F O Q E E Q Y F M C C L  
 F I Q M H T E N B T E N G E J R U O  
 B P S T I M R O Z Y Y N V E Q Q N R  
 I I A A K S G U F T I O F Y Y Z V D  
 C F K Y B U U R C L L H H A N M A H  
 S M Q L G B M S I T Y E L Q F A J D  
 H U R M Y X A A E R I V E M H R Z I  
 I R V R D K F T N F X O R U L R S N  
 H D Q V H N A Y H L W I N A H I R O  
 D E G P U V A Q N N P Z E S N A M B  
 D R M B W O L T G T A T H I K G U K  
 X J L V S J S A M R S A T V B E S U

- INSTRUCTIONS  
 LORD  
 WORSHIP  
 IDOLS  
 UNFAILING  
 LOVE  
 MISUSE  
 NAME  
 OBSERVE  
 SABBATH  
 HONOUR  
 FATHER  
 MOTHER  
 MURDER  
 STEAL  
 FAITHFUL  
 MARRIAGE  
 ENVY

# Challenge

God's 10 rules say that we need to respect God and respect each other.

Why not try your best this week to respect other people by doing the things on the chart.

Draw a happy face in the boxes to show that you have done them.



## My respect chart

Name \_\_\_\_\_

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>My bedroom</b>							
Keep my things tidy							
Put away my clothes							
<b>Make my bed</b>							
<b>School</b>							
Ready to go on time							
School bag ready							
Remember to wash my hands							
<b>My family</b>							
Help someone in my family							
Wash dishes or clear table							
Put my toys away							
<b>Me myself</b>							
Clean my teeth							
Brush or comb my hair							
Have a bath or shower							

# Creative Prayer

## Prayer bubbles

God loves us very, very much.

We can tell God everything.

We can ask him to help us if we are worried about anything.

**You will need:** A pot of bubble mixture

### What to do:

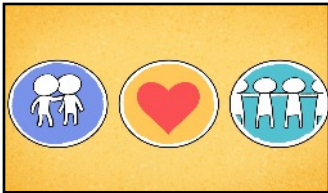
- Think of something you shouldn't have done or something that you are worried about.
- Tell God what you are worried about. You can say it to Him in your head.
- Ask God to help you and forgive you.
- Blow bubbles and watch them fly away.
- As the bubbles fly away, think of God taking the things you prayed about and setting you free from them.



## Links

Video of the story [https://youtu.be/N\\_0ATXKB184](https://youtu.be/N_0ATXKB184)

Video of song of the week <https://youtu.be/ficFrXQohVc>



Cartoon of the story <https://www.youtube.com/watch?v=aX28nAB4S7A>

## Book mark

Cut out the bookmark and colour it in. It will remind you of what God says.

### The 10

#### commandments

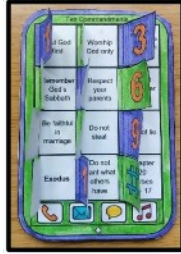
1. I am your God - make me number ONE!
2. Don't worship anything except me.
3. Be careful how you use my name.
4. Keep one day special each week to rest and worship God.
5. Love and respect your parents.
6. Don't ever hurt anyone.
7. Be loyal to the person you marry.
8. Don't take anything that isn't yours.
9. Don't tell lies about other people.
10. Don't be jealous of what other people have.





# Craft

## Ten Commandments Mobile Phone



**To make the Ten Commandments Mobile Phone you will need:**

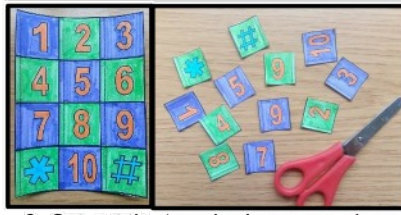
Template printed from bottom of page,  
felt pens, scissors, glue stick,  
piece of cardboard.



1. Colour in mobile phone & cut out.



2. Glue the 'words' mobile to cardboard & cut out.



3. Cut out the 'number' squares along the solid lines.



4. Fold along the dotted lines of the squares.



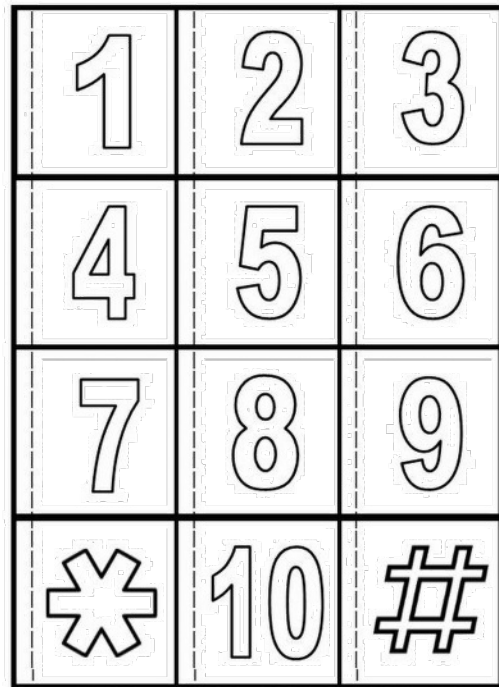
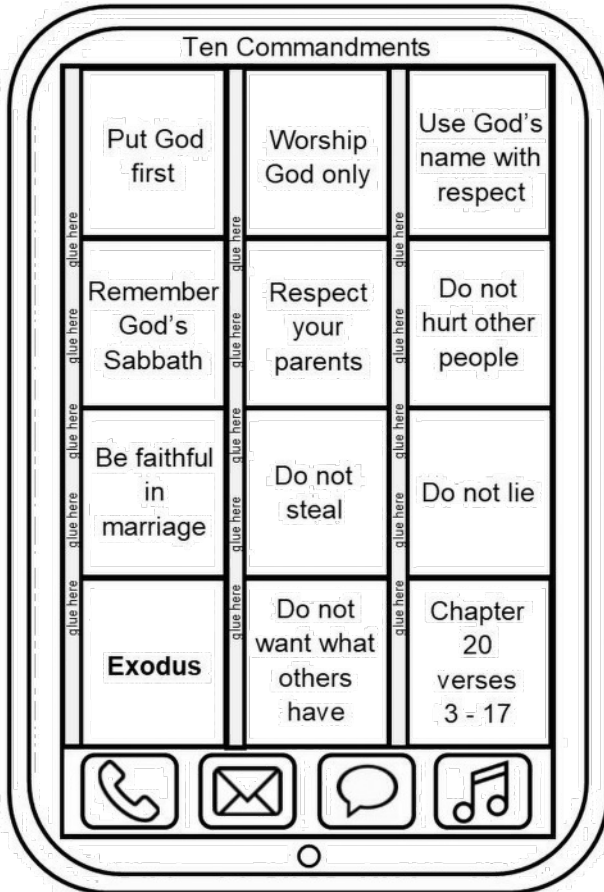
5. Carefully glue the 3 strips on the mobile that say 'glue here'



6. Attach the folded part on the number squares to the glued strip on the mobile phone. Make sure you put the numbers in the right place!



All done! Lift up the numbers on the mobile phone to read the ten commandments.







# Game

## Search for the commandments

Cut out the cards below. One player hides them around the house or in the garden. The other(s) have to find them and put them in order.



1. I am your God - make me number ONE!



2. Don't worship anything except me.



3. Be careful how you use my name.



4. Keep one day special each week to rest and worship God.



5. Love and respect your parents.



6. Don't ever hurt anyone.



7. Be loyal to the person you marry.



8. Don't take anything that isn't yours.



9. Don't tell lies about other people.



10. Don't be jealous of what other people have.

Father God means what He says,  
His 'No' means 'No', and His 'Yes' means 'Yes'.  
Listen and find He has our best in mind -  
Lovingly He tells us how to live as designed.

Father God knows what is best,  
Let's trust in Him doing what He says.  
In His hands follow his commands -  
Lovingly He tells us how to live as designed.

Father God says:-

- 1 "No other god - only me."
- 2 "Don't make anything more important than me"
- 3 "Only use my name with respect"
- 4 "Take a holy rest day every week"
- 5 "Honour your Mum and honour your Dad"
- 6 "Don't ... hurt ... others"



- 7 "Be faithful to the one you married."
- 8 "Do . . . . not . . . . steal."
- 9 "Don't tell lies about anyone."
- 10 "Don't set your heart on anything that belongs to somebody else."

Song © 2020 Greg Leavers

Watch this song at <https://youtu.be/ficFrXQohVc>

If you'd like a copy of the sheet music, contact Andy Hughes - [Ahughes@saintygymuned.org](mailto:Ahughes@saintygymuned.org)

# Sing